

What We Do

- Provide family to family support and education for children, young adults, and their families who have behavioral health experiences
- Improve access to appropriate behavioral health services for children and youth in their communities
- Assist and prepare youth, young adults and families to effectively communicate their needs
- Provide opportunities to shape children's behavioral health services

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[Central-Region-Childrens-Behavioral-Health-Network](#)



Children's Behavioral Health Network

Together we can make things easier for Oklahoma's children, youth and families with behavioral health experiences.

Contact Us

Oklahoma Family Network

800 NE 15th, Suite 315
Oklahoma City, OK 73104
(405) 271-5072
(877)871-5072
www.oklahomafamilynetwork.org

NAMI Oklahoma

3037 NW 63rd St., Suite 104w
Oklahoma City, OK 73116
(405) 607-6018
www.namioklahoma.org

Children's Behavioral Health Network



Education, Emotional
Support and
Opportunities to be a
Part of a Statewide
Advocacy Network for
Children's Behavioral
Health

Services Provided By



Children's Behavioral Health Network



A Network of Families Supporting Children and Youth with Behavioral Health Experiences

Federal funding provided by the OK Department of Mental Health and Substance Abuse

- ▶ **Parent-to-Parent Support:** Matching families with similar experiences for emotional support. All OFN staff are parents of children with special needs.
- ▶ **Connections To:**
 - ▶ Community Resources
 - ▶ Family Support Hotline
 - ▶ Financial Resources
 - ▶ Providers prepared to care for your child
 - ▶ Support for siblings of children with special needs
- ▶ **Support Groups**
- ▶ **Training**, including leadership and advocacy
- ▶ **Opportunities** for advocacy and partnering with those who serve your child
- ▶ **Joining Forces:** Supporting Family/Professional Partnerships Leadership Institutes and annual Conference
- ▶ **Regional Facebook Groups**
- ▶ **Quarterly Newsletter**

Services Provided By



- ▶ **NAMI Connections:** weekly recovery support group for people living with mental illness.
- ▶ **NAMI Smarts for Advocacy:** prepare a two-minute, compelling personal story that can be adapted and used to advocate in numerous ways.
- ▶ **Parents and Teachers as Allies:** learn early warning signs of mental illnesses and communication regarding mental health related concerns.
- ▶ **NAMI Family-to-Family:** 12-week course for families, partners and friends of those with mental illness
- ▶ **NAMI Basics:** 6-week course for families of children with mental illness
- ▶ **In Our Own Voice:** Insight for hope and recovery for those with mental illness
- ▶ **NAMI Ending the Silence:** Students learn indicators and symptoms of mental illness so they can help others